

2026 VEWL Exhibition Table Help

Coaches meeting at 7:30 am.

Teams must supply 2 workers.

First Session starts at: 8:00 AM

Second Session starts at: 11:30 AM

Third Session starts at: 3:00 PM

8:00-11:30

Mat 1 – Bangor Gold
Mat 2 – BECA/Catasauqua
Mat 3 – Del Val
Mat 4 – East Stroudsburg
Mat 5 – Saucon Valley
Mat 6 – Palmerton
Mat 7 – Pen Argyl
Mat 8 – Pocono Mtn West

11:30-3:00

Mat 1 – Emmaus Gold
Mat 2 – Forks Twp
Mat 3 – Nazareth Blue
Mat 4 – Northwestern
Mat 5 – Palmer Twp
Mat 6 – Southern Lehigh
Mat 7 – Wilson
Mat 8 – Whitehall

3:00-End

Mat 1 – Bethlehem Twp
Mat 2 – Eastside/Salisbury
Mat 3 – Liberty
Mat 4 – Lehigh
Mat 5 – Parkland Red
Mat 6 – Pleasant Valley
Mat 7 – Pocono Mtn East
Mat 8 – Stroudsburg